



It's hard to believe we are already halfway through this half term with only three more weeks to go! As well as the excellent lessons and learning taking place in school, the children in school have enjoyed another busy week with lots of outside events taking place!

On Monday the girls football team took part in the County Finals a fantastic achievement to get so far! Well done to all who took part. On Wednesday some of our children took part in a Dodgeball competition at Wollaston- as always we are so proud of how our children behave at these outside events- well done to everyone who took part. On Thursday some of our KS2 pupils took part in a gymnastics competition and achieved amazing results! Well done!

I was lucky enough to attend Pizza Express at Rushden Lakes with the Year 1 and 2 pupils on Tuesday. Here they learnt all about the history of the Margarita pizza, where the ingredients come from and also took part in a masterclass of how to make pizza! All children returned to school with their cooked pizza ready to take home to enjoy for tea! Again behaviour was outstanding and they all represented the school excellently!

Mr Gareth Rust
Head of School

Cross Country County Finals

Well done to Emily, Megan and Reuben who all took part in the Cross Country County Finals last weekend.

It was very muddy and slippery with a number of hills making it quite tough. Everyone did amazingly well - Emily placed 28th and Megan placed 48th out of 65 and Reuben placed 58th out of 67. Fantastic achievements! We are very proud of them all!!

Year 6 Girls Football County Finals



On Monday, the Year 6 Girls football team played in the county finals against ten teams in Moulton.

We started off the tournament with a 1-0 win which gave us a good 3 points to put us in first place. We then played the next team and unfortunately lost 1-0 we had plenty of chances but just couldn't score. We then played a tough team in our group but managed to get a draw out of it and the result was 0-0. The last game in our group was the toughest game so far but we battled well, and we drew 0-0. As the competition went on we played

better as a team and individually.

We finished the group games in 2nd place with 5 points. We then had to battle for 3rd place against Mawsley it was a tough game but we managed to get a 2-0 win. We had a great time playing - it was a great chance to represent the school, many thanks to the adults which supported us on our journey.

Written by Emily B.



Rabbits Pizza Workshop



On Tuesday this week, Rabbits attended a pizza making workshop at Pizza Express Rushden Lakes as part of their topic on Italy.

Everyone was able to knead the dough and use the sauce and cheese to make their very own margherita.

They were all fabulous pizza chef's and were very excited to bring home the pizza they had made!

Dodgeball Festival

A big well done to our Year 5/6 Children who took part in a Dodgeball Festival at Wollaston School this week. Each match was the best of three games with a point for win each game, all schools had some very competitive matches. There was a total of 5 teams from 4 Primary Schools, we played very well and won 2 matches, overall we finished in 5th place.

Thank you to the parents who provided transport and to Mr Roberts and the Wollaston School sports leaders who organised and ran the event.

Gymnastics Competition

On Thursday we sent our Year 3/4 and Year 5/6 Gymnastics teams to participate in competition performing floor routines which they have been rehearsing for weeks.



All children had a fabulous time competing and everybody worked hard to remember their routines.

We were so pleased that our Year 3/4 team came in 3rd place and our Year 5/6 team came in 2nd place and will therefore progress to county finals!

The girls would like to thank GLK for their practice sessions and as always many thanks to parents taking children to the event.





Bozeat Community Primary School Newsletter

26th January 2024



Our Learning Champions this week are:



OWLS	RABBITS	JAGUARS	PANTHERS	LIONS
Logan	Archie	Benjamin	Dylan	George
For excellent work in phonics	For excellent effort in writing a non-chronological report about toys	For his perseverance and effort in writing lessons	For always being focused and on task	For making a fabulous effort in Reading this week and also showing great understanding

Diary Dates



Date	Time	Event
February		
Monday 5 th – Friday 9 th February	-	Children's Mental Health Week
Monday 5 th February	3.45-5.30pm	Pre-School Parents Evening
Tuesday 6 th February	-	Internet Safety Day
	3.00pm	Panthers Class Book & Biscuit
Friday 9 th February	3.00pm	Rabbits Class Book & Biscuit
Friday 16 th February	3.00pm	Jaguars Class Book & Biscuit
	-	School finishes for Half Term
Monday 19 th – Friday 23 rd February	-	Half Term Week
Monday 26 th February	-	Children return to School
Tuesday 27 th February	2.45pm	Rabbits Class Assembly
Thursday 29 th February	PM	Year 4 Swimming Lessons start



Love your school lunch!

Our PhunkyFoods Healthy Lunch message highlights to children the importance of choosing a healthy, well balanced school lunch; whether that's a hot school meal or a packed lunch brought in from home.



School meals & the School Food Standards

In July 2013 the School Food Plan was published by the Department for Education. As part of that plan a new set of standards for all foods served in schools was launched and became mandatory from January 2015. In September 2014 universal free school meals (UFSM) were introduced to all infant pupils across England.

Evidence has repeatedly shown that school meals are of higher nutritional quality than packed lunches, and universal free school meals do appear to improve primary school educational attainment - so why not give them a try? If your child(ren) hasn't tried it already, or it's been a while since they tried school meals, perhaps it's time to give them a go?



Packed lunches

Many parents opt to send their child(ren) to school with a packed lunch. The first thing to consider is whether or not your school has a packed lunch policy, and these come in all sorts of shapes and sizes, but they are generally put in place for very positive reasons.

For example:

- to promote consistency between packed lunches and foods provided by school
- to make a positive contribution to children's health, or;
- to encourage children to be calmer and on-task during the afternoons.

Further information:

- www.nhs.uk/change4life/recipes/healthier-lunchboxes
- www.phunkyfoods.co.uk/parent/a-healthy-lunch-parents-information/
- <http://whatworkswell.schoolfoodplan.com/articles/category/1/the-food>



www.phunkyfoods.co.uk



Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:

Pin me up!

1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

Choose ONE EVERY DAY from:

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes

Choose wholegrain



2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

Choose TWO EVERY DAY from:

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

Choose ONE EVERY DAY from:

- ✓ Milk
- ✓ Cheese - hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



4 Protein Foods

for growth and repair

Pack a protein punch!

Choose ONE EVERY DAY from:

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans



5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk - or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie



Occasionally!

Meat products such as sausage rolls, pies, sausages
Plain cakes/sponges and biscuits of appropriate portion sizes



For more healthy packed lunch ideas and recipes visit www.phunkyfoods.co.uk/recipes

www.phunkyfoods.co.uk