



This week has been a good one in school!

Year 3 on Monday welcomed an Anglo Saxon visitor to their classroom. He taught them through reenactments and artifacts what life might have been like for someone living in Anglo Saxon Britain. The children were able to handle objects and even play games that were played during this period of history.

Year 6 have been undertaking Weekly DAART lessons (Drug, Alcohol and Resilience Training) which are life skills lessons preparing them for transition and equipping them with the knowledge for keeping themselves safe in the future.

Next week Year 1 and 2 are attending Rushden Lakes to make pizza at Pizza Express as part of their topic.

Good Luck to Reuben, Emily, Megan and who are taking part in the Cross Country Finals this weekend!

Mr Gareth Rust
Head of School

Jaguars Saxon Day

On Monday, Jaguars took part in a Viking/Anglo-Saxon workshop.



Our visitor taught us all about Viking/Anglo Saxon life including the food they ate, the clothes they wore, the jewellery they had, the jobs they used to do and the weapons/animals they hunted. The children were really inspired and amazed by these facts and shared a fantastic understanding of what they had learnt at the end of the session.

During their History session this week, the children fed back to Miss Cox as a recap thinking about what they had learnt and in addition to this the extended information they learnt in the lesson. They are really looking forward to finding out more about Vikings and Anglo-Saxons as we move throughout the Spring Term.



Book & Biscuit

We are pleased to confirm that we will be holding Book & Biscuit Sessions for Parents to attend this term as follows:

Rabbits Class – Friday 9th February and Friday 8th March at 3.00pm

Panthers Class – Tuesday 6th February and Tuesday 12th March at 3.00pm

We hope to see you there!



Bozeat Community Primary School Newsletter

19th January 2024



OWLS	RABBITS	JAGUARS	PANTHERS	LIONS
Skye	Felicity	Whole Class	Ophelia	Thea
For her understanding of partitioning numbers	For her excellent Mosaics in Art.	For working extremely hard and making amazing contributions during the Anglo-Saxon workshop	For always trying her hardest and making fantastic progress in all subjects	For fantastic contributions in lessons this week

Diary Dates



Date	Time	Event
January		
Tuesday 23 rd January	AM	Rabbits Class Pizza Making Workshop
February		
Monday 5 th – Friday 9 th February	-	Children's Mental Health Week
Monday 5 th February	3.45-5.30pm	Pre-School Parents Evening
Tuesday 6 th February	-	Internet Safety Day
	3.00pm	Panthers Class Book & Biscuit
Friday 9 th February	3.00pm	Rabbits Class Book & Biscuit
Friday 16 th February	-	School finishes for Half Term
Monday 19 th – Friday 23 rd February	-	Half Term Week
Monday 26 th February	-	Children return to School
Tuesday 27 th February	2.45pm	Rabbits Class Assembly
Thursday 29 th February	PM	Year 4 Swimming Lessons start

Good Luck to our Sport Finalists!

Following their success at the KS2 Cross Country Competition Megan, Emily and Reuben are competing at the County Finals this weekend.

Our Year 6 Girls Football Team are also competing in the U11 Girls Football County Finals on Monday 22nd January 2024.

We are very proud of them all – Good Luck!!

Panini Classroom Challenge

Children in Years 3-6 have been given a Panini Classroom Challenge worksheet to design a football. The winner will receive a £50 voucher and a football shirt, and the school will win £2000.

All entries must be submitted to school by **Friday 16th February 2024**

My VOICE MATTERS

Place2Be's
CHILDREN'S
MENTAL HEALTH
WEEK

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school – because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: bit.ly/3PzCGi8

For secondary children: bit.ly/3L8D2wK

CHILDRENSMENTALHEALTHWEEK.ORG.UK

My VOICE MATTERS

Place2Be's
CHILDREN'S
MENTAL HEALTH
WEEK
8-11
FEB
2024

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT
YOUR DAY

WHAT WAS THE BEST
THING ABOUT TODAY?

WHAT IS THE BIGGEST
STRESS / WORRY IN YOUR
LIFE RIGHT NOW?

WHAT'S YOUR
ONLINE LIFE LIKE?

WHO WOULD YOU TALK
TO IF YOU WERE FEELING
WORRIED ABOUT YOUR
MENTAL HEALTH?

WHAT CAN I DO
TO HELP YOU?

CHILDRENSMENTALHEALTHWEEK.ORG.UK